

FAQ

Are your opening hours going to be the same?

Unfortunately, we will be reducing our opening hours temporarily to give ourselves a chance to get back in the swing of things and to reduce our outgoings after a tough few months.

From 1st September Sports centre opening hours will be as follows:

Term time

Weekdays: 0630-0800 Gym and Sports Hall

1810-2130 Gym and Sports Hall

Weekends: 0900-1800 Gym and Sports Hall

School Holidays

Weekdays: 0630-2130 Gym and Sports Hall

Weekends: 0900-1800 Gym and Sports Hall

Do I need to wear a mask to the Sports Centre?

We are closely following government guidelines, and currently you don't need to wear a mask when using our Sports facilities. You are, of course, welcome to do so if you would be more comfortable wearing one.

Are the changing rooms open?

Yes, changing rooms are open, with showers and toilets in use. However, we are asking that whenever possible to come dressed ready to exercise and shower at home.

GYM / FITNESS CLASSES

Do I have to book a slot to use the gym?

No, pre-booking a slot in the gym is not necessary. Gym capacity will be managed by our friendly club teams.

Is there a maximum time I can spend in the gym?

To start with gym sessions will be limited to 1 hour to avoid overcrowding. This will be reviewed once we are up and running.

What if I'm not ready to re-activate my membership yet?

We will be contacting all of our Members regarding their subscriptions.

I cancelled my direct debit membership, can I reactivate it?

Please e-mail sport@truroschoo.com to reactivate it.

Will I be able to use my cash monthly again and have I lost the days I had left?

Cash monthly options will pick up where you left off, you won't lose your pre-paid time.

Will you be taking new members?

Yes. Please give us a call on 01872 246050 or organise an appointment, complete your membership and book an induction.

What fitness classes will be running?

Unfortunately, we are not currently able to offer any fitness classes due to the studio not being large enough to meet social distancing guidelines.

SPORTS HALL

Do I have to be a member to make a Sports Hall or Squash booking?

Non-members will be accepted but all bookings must be paid for prior to attending.

Are spectators permitted to watch activities?

Spectators are currently not permitted to watch over the Sports Hall or Squash courts. If your child is participating in an activity we ask all parents/guardians to wait in their cars and collect participants from outside the centre after the activity is finished.

Is the Sports Hall open for Badminton?

Both singles play and doubles play can take place in groups of people from different households, as long as you remain 2 metres apart as far as possible – meaning that four people from different households can play doubles.

**Please bring your own racket.*

Can I play Squash?

Members from the same household or support bubble can match play or full squash game play.

Individuals can partake in solo practices or coach led/supervised activity.

Two members from different households (not in a support bubble) and play a modified version of squash called 'sides'. This must follow social distancing practices.

Up to five members from different households can participate in Coach led/supervised sessions.

**Please bring your own racket.*

Will we be allowed to return to netball?

The Netball courts are not currently available for private hire, only organised training sessions complying with England Netball guidelines are currently permitted.

Can we play 5-aside?

At this stage, indoor football and Futsal is not permitted indoors by the FA.

Can we hire a Basketball court?

The Basketball courts are not currently available for private hire, only organised training sessions complying with England Basketball guidelines are currently permitted.

SWIMMING POOL

Is the Swimming Pool open?

The Swimming Pool is currently scheduled to reopen on 5th October.

Will my Little Fishes swimming lessons be restarting?

The Prep School Swimming Pool is currently scheduled to reopen in November. We will be contacting previous subscribed swimmers nearer the time.

My children missed some pre-paid Little Fishes sessions at the end of March, will these be refunded?

Our Swimming Pool manager will be contacting all swimmers regarding refunds for cancelled classes.