

17 NOVEMBER 2023: TRURO SCHOOL NEWS AND UPDATES

Dear Parents and Carers,



As you are well aware, the Truro School Prep children are extremely busy young people, and I have written before on the importance of preparing them for the many challenges that will come their way as they progress to Senior School and beyond. As our lives become increasingly complex and busy, the ability to look after ourselves both physically and mentally is ever more important. Whilst the week's activities have included the regular mixture of academic, sporting and creative events, the Prep School has focussed particularly upon mindfulness and well-being. In addition to daily assemblies on topics including mental health and well-being, how to write a journal, the benefit of singing, what is mindfulness and the benefits of nature and the great outdoors. Activities have included Forest School, mindfulness, the making of worry dolls and a number of creative and exercise/interaction activities.

Running parallel to this has been Inter-Faith Week and Rev Helen has organised a number of events including quizzes and food-based experiences. As if that was not enough, Wednesday saw the Year 3 children celebrating their work on Roald Dahl with a costume and activity day based on the author's work. Of course, we rounded the week off with a multi-day in aid of Children in Need - yet another reminder of how lucky we are and how important it is to support those who are less fortunate than ourselves.

This week has also witnessed the final of the 'Truro School Prep Conker Competition' with Charlie and Tilda going head-to-head in their bid to claim the crown. We were aware that they are both skilful players and that both surviving conkers were going to be 'tough nuts to crack'. We were not, however, prepared for the 'test match' like battle that ensued. With the match starting on Monday morning, the smart money was on a Monday afternoon conclusion. How wrong we were! The match continued into Tuesday, and then Wednesday and Thursday. As I write, on Thursday evening, it is still to be completed - please tune in next week for more news.

Finally, it is a great pleasure to bring you the results of the half term Tom Swifty competition. Dylan picked up the prize for the most entries, Digby for the funniest ('Pass the mint sauce' said Tom, sheepishly) and Arthur for the most original ('I'm the best at doing tricks on my tech-deck' said Tom flippantly). We have also enjoyed a few school-based Swifties:

- 'I worship Year 3' said Maria, Eva-ngelically
- 'I can add something here' said Chris, Dove-tailing his comments perfectly.
- 'I think sport is the best subject by far' said Josh, Lord-ing it over the rest of the staff

If these have made you groan, I apologise. If they have brought a smile to your face, the full list of Truro School based Tom Swifties can be found on the Head's Noticeboard in the Prep School foyer. Do please pop in to see them.

Finally, I take this opportunity to pass on some feedback from a number of parents who were supporting their children at this week's cross-country events at Polwhele. As one would expect, there was some high-quality athleticism on display, but the most pleasing aspect of the afternoon was the kindness and camaraderie shown by the Truro Prep pupils.

They were truly superb in supporting and cheering on their teammates as well as in praising and encouraging the opposition. I could not be more proud of them.

With every good wish,

Mr Rob Morse
Headmaster

Monday 20 November

Rosewarne Cup Football v Treloweth
Girls' friendly match v Treloweth (H) 3.45pm

Tuesday 21 November

Year 3 Netball
Truro High & Polwhele schools (H) 2.30pm

Year 3 TAG Rugby
v Polwhele (H) 2.30pm

Wednesday 22 November

U11 Rugby Festival
v Exeter, St Hilary, Truro High and Mount Kelly
(H) 1.30pm-3.30pm

Year 5 & 6 Swim Gala
Truro High and Polwhele at Truro High
(A) 2pm-4.30pm

Learning Support Coffee Meeting
Library 3pm-4pm

Thursday 23 November

6AG BMX Cycling
BMX Centre, Blackwater 1pm-4pm

CANCELLED 6JL Swimming (due to gala)
SBA Pool, Truro School 1.30pm-3pm

Year 5 & 6 Interschool Swimming Gala
at SBA with Devoran and Mount Hawke Schools
1.30pm-3.30pm

Friday 24 November

FTS Coffee
Dining hall 8.45am

MON 27 NOV - FRI 1 DEC

Please note that some details may change – please check next week's bulletin for updates

Monday 27 November

U10/U11 Rugby
v St Hilary (A) 2.50pm-5.15pm (3.45pm start)

U11A League Football Match
v St Mary's (H) 3.45pm

Wednesday 29 November

Year 5 Play - Dress Rehearsal

Thursday 30 November

6AG BMX cycling
at BMX Centre, Blackwater 1pm-4pm

6DG Swimming
at SBA pool, Truro School 1.30pm-3pm

Year 5 Play
(Assembly Hall) 6.30pm

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A Week of Well Being

Our Prep pupils have been focusing on their well-being in support of anti-bullying week. Mrs Milne organised a range of activities throughout the week for the pupils to take part in, as they learned about the importance of their mental and physical health.

Sports and music sessions were on offer across the year groups, as well as mindfulness sessions and a well-being focus in assemblies. In lessons, Years 5 and 6 took part in Forest School sessions; lighting fires, creating journey sticks, and drinking hot juice. In art, pupils created their own worry dolls and in tutor time they've been writing journals.



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A Bowl of Christmas Cheer

Christmas carols were hummed and spices scented the air on Friday night as staff and parents gathered for the Friends of Truro School (FTS) annual Christmas Pudding Making Evening at Truro School Prep.

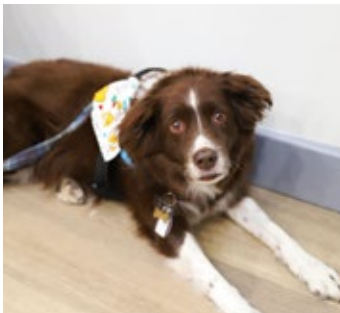
In huge mixing bowls, dry ingredients including suet, flour, spice and plenty of dried fruit were added, before grated carrot, apple, eggs and sherry were stirred in. With the ingredients carefully loaded into pudding basins, these puddings will be cooked this week and then re-heated and served at Christmas.

It was a joy to see so many people gathering together in an event that marks the start of the Christmas festivities at Truro School. We would like to thank all of the staff and the fantastic FTS team who make these events so enjoyable.

Spot-tacular Fun for Children in Need

There were spots and bright colour galore at Truro School Prep today as pupils and staff gathered to raise funds for Children in Need. Even Tato, the school dog, was sporting his spotty bandana.

Whilst lots of fun was had, the children were also reminded of the vital work that this charity does for children across the UK and the importance of raising money to help others.



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Creating Connections Through the Gruffulo

At Truro School, we pride ourselves on the seamless journey pupils take from the Early Years right through to the Sixth Form. With this said, it's important that the members of our community engage to bring the school together.

Our youngest members ventured over to the Senior School to meet our Upper Sixth prefects, the oldest school members.

The event began with great anticipation as the Reception class arrived, filled with excitement and curiosity. The Upper Sixth prefects, who serve as role models and leaders, warmly greeted the young children, creating a relaxing atmosphere.

The theme for the morning was a delightful Gruffulo tea, which added an element of fun and imagination to the session. The Reception class had the opportunity to use 'money', a valuable life skill, to purchase cakes and juice. This activity encouraged independence and decision-making abilities in the young children. It was a delightful sight to witness their excitement as they made their choices and interacted with the Upper Sixth prefects.

A huge thank you to our prefects for making the morning so special for the children, it was clear they had a fantastic time.



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Effusive Learning in Year 4

Our lucky Year 4s had a fascinating visitor today in the form of Senior Lecturer in Geophysics and Volcanology at the University of Exeter, Dr James Hickey.

Dr Hickey enthralled the children with information about the different types of volcanoes, parts of a volcano and the different types of eruptions; effusive and explosive. He then went on to discuss how volcanoes are formed and why eruptions differ in flow, power and danger.

He explained that the key to volcanic eruption was the level of gas in the magma, replicating how crystals in magma help bubbles of gas to form (with sugar crystals poured into lemonade). The groups then went outside to put their theory into practice, with Mentos replacing the crystals in magma and cola acting as the magma.

By altering the amount of crystals (the number of Mentos) and changing the size of the vent (restricting the size of the lid), the pupils were able to see the effects of more gas and greater pressure. In real life, this would create an increasingly explosive volcanic eruption.

Dr Hickey also talked about the importance of studying volcanoes in allowing us to protect those communities around the world who live and work around volcanoes.

It was an exciting and fascinating lesson and one our pupils are unlikely to forget! We would like to thank Dr Hickey for taking the time to come into school and sharing his knowledge with our aspiring volcanologists at Prep.



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Roald Dahl Day

Have you ever wondered how George made his marvellous medicine? Our Year 3 Pupils found out exactly how, among other things, as they celebrated Roald Dahl in a fully immersive day based on the author's work.

Willy Wonka-inspired hot chocolate, potion artwork, the BFG language learning, and medicine creating were all on the agenda, as well as wonderful fancy dress from all the children with Fantastic Mr fox, Matilda, and the Roly-Poly Bird all on display. Mrs Cadwallader also created a wonderful display in the classroom and a balloon arch to welcome the children into their building.



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Queen's College Rugby Festival

On Saturday 11 November, the Prep Under 10s competed in the annual Queen's College Rugby Festival.

The standard of rugby was high, and Truro was extremely competitive against all the teams that they came up against. The festival started with group matches against Hazlegrove, Queen's, Stover and Wellington. Undefeated in the group with three draws and a win, we finished third. This meant we progressed to play two more games against Perrot Hill and Port Regis, drawing with the former and narrowly losing to the latter.



Throughout the day, the side improved in each game and produced some fantastic performances. Equally importantly they displayed outstanding team spirit, sportsmanship, and camaraderie.

Thank you to all parents and supporters who made the trip – their encouragement and appreciation were greatly appreciated.

Year 5/6 Football

Well done to all of our fantastic Year 5 & 6 footballers who showed great teamwork and determination in four nail-biting matches against Archbishop Benson. The opposition was strong and both sides challenged the other, providing valuable learning opportunities for all of the players.

It was particularly lovely to see the teams coming together and catching up after the matches, while sharing a well-earned cookie.

Thanks to all of the staff and pupils who make these matches possible.



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Cross Country

Congratulations to the 60 children from Year 3, 4, 5 and 6 who raced in the cross-country events at Polwhele this week. As this was a triangular fixture, there were also children competing from Truro High School and Polwhele House School.

The course at Polwhele is extremely challenging and this week was certainly no exception. Our recent mild and stormy weather meant that the ground conditions on the course were extremely varied.



On the top sections of this classic field and woodland course, there were signs of the recent storm damage – slippery woodland paths were covered with leaves and small twigs – but in the lower part of the course, near the stream, conditions were extremely muddy for long sections.

Do you know what? They all loved it. The conditions were definitely memorable and the racing was fantastic. Their individual and team achievements were outstanding.

Top three finishers in each age group:

Year 3: Jack L (1st), Christopher (2nd), James V (3rd), Mabel (1st), Daisy (2nd), Poppy (10th)

Year 4: Ollie S (2nd), Arthur H (3rd), Rohan (4th), Sienna (1st), Ashleigh (2nd), Audrey (8th)

Year 5: Reggie (1st), Scott (2nd), Charlie (3rd), Alyssia (1st), Ellie (2nd), Bo (4th)

Year 6: Rowan (1st), Jacob (2nd), George (4th), Rosie (2nd), Hetty (4th), Lexi (5th)



Pre-Prep



Golden Awards for going above and beyond in Pre-Prep

Theo 1SC

**KS1 Golden
Lunch Table**

Yellow Table

Gold Commendations

Oliver G 4LL for English '500 Word Story'

Comment: For a well planned, beautifully written and thoroughly entertaining story. "Bob" gets my vote!

Fergus 6AG for English 'Captain Nicholl's letter'

Comment: Wonderful thoughts and emotions, Fergus!

Luca 6AG for English 'Captain Nicholl's letter'

Comment: Well presented work, Luca. Good use of the success criteria!

Logan 6DG for English 'Captain Nicholl's letter'

Comment: A super letter – packed with your thoughts and emotions.

Lowenna 6JL for English 'Captain Nicholl's letter'

Comment: Great writing, Lowenna. You have used the success criteria to improve your writing!

House Point Form Champions

Wilf & Max 3ME

Henry 3SM

Rafe 4LL

Anantveer 4SC

Jesse Henry & Annie
5CD

Rozalia, Digby & Albert
5LJ

Hugo 5SL

Teresa 6AG

Sophie 6DG

Lexi 6JL

Head's Commendations

Daneil 6DG for English: easily your best writing this term - you have used the success criteria to successfully develop the quality of your writing. Your sentence openers are very effective, 'Once we had arrived...', 'Back at the dock...' Well done, Daneil!

Merit Awards



Bronze Merit Awards

5LJ: Alex, Isaac

5SL: Aria



Silver Merit Awards

5LJ: Florence, Tristan, George

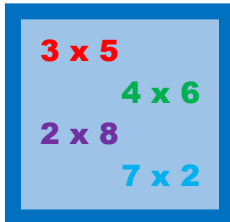
6DG: Sienna



Gold Merit Awards

3SM: Harry

Maths



Times Table Challenge Certificates

3ME: Oliver, Harleen, Wilf, Poppy, Erin, Greta, Kaleem, Kai

3SM: Henry, Henry, Zander, Elodie, Percy, Harry, Christopher, Ramona, Athena, Edward, Seren, Hugo, James

4LL: Louis

4SC: Samuel, Ollie, Anantveer

5CD: Cora, Toby, Woody, William L, William V

5LJ: William

5SL: Jenson, Hugo, Dylan

6AG: Fergus

6DG: Eleanor

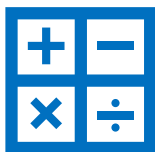
6JL: Barnaby, Charlotte

Rock Stars



Times Table Rock Star of the Week

Ben M, Year 6



Top Rock Performers

Year 3: Malhar

Year 4: Anantveer

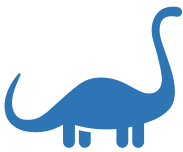
Year 5: Isaac

Year 6: Ayden





Nessy



Nessy Certificates have been awarded to:

Isaac 5LJ has completed the Nessy course!

Ella D 3ME worked the hardest and with most accuracy during the last half of term.

Sailing



Rafe 4LL completed his RYA level 2 for Dinghy Sailing at the St Mawes Sailing club.

Golf



Rafe 4LL received a medal for completing the Cornwall Golf Union Mini Golf tour. Rafe played a number of 9-hole matches across the county, achieving a best match result of fourth place.

FTS | Friends of
Truro School

UNIFORM
Sale



Coffee Morning

Please join us for an informal meet-up on the last Friday of every month; old and new faces are always welcome.

Friday 24 November: Prep Dining Hall

from 8.45 am



**TRURO
SCHOOL**



Boys' Chorister Experience Day and Cushion Concert

SATURDAY 13 JANUARY 2024

Come and experience what it's like to be a chorister in Truro Cathedral Choir!

Get to know the choristers and what they do; stand in the beautiful choir stalls where they sing in the amazing space of the cathedral; explore the crypt where they rehearse; try on a chorister's cassock and surplice and see and hear the mighty cathedral organ being played close up! And, of course, learn music and sing along with the choristers, culminating in performing a concert along with them.

All boys currently in Years 2, 3, 4 and 5 are welcome.

For more information and to book a place, please email jab@trurocathedral.org.uk



**TRURO
SCHOOL**



**Truro
Cathedral**

www.truroschooll.com/boychoristers



*Save
The
Date*

TRURO
SCHOOL
PREP

CHRISTMAS FAYRE 2023



Truro School Prep Assembly Hall

8 DECEMBER || 3 PM

SANTA'S GROTTTO, STALLS, GAMES, CRAFTS, BBQ & MORE!

Would you like to join us as a volunteer? We are looking for helping hands to set up, run stalls and manage the grotto queue! All welcome, please message fts@truroschool.com



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WETSUITS NEEDED



IN AID OF
**THE WAVE
PROJECT**


The FTS are looking for donations of any outgrown wetsuits for **The Wave Project.**

20th - 24th November 2023

Providing mental health support and surf therapy to young people, these wetsuits will be donated to youngsters on the programme, or sold to raise funds for the Wave Project charity.

Wetsuits can be donated to the Truro Prep Office or Truro School Cafe (near the SBA) 20th - 24th November

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Pre Prep
Wraparound

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Please use this QR code to register your child for Wraparound care or via the Forms link.

<https://forms.office.com/e/VZUiYbg1Ff>

